TSIGANOCHKA

(Russia)

Tsiganochka is one of the favorite ballroom dances of various Russian-American groups throughout the country. It is also called the Russian Two-Step or Karapiet. The form given for the dance is the one commonly used by the Russian colony and folk dancers in the San Francisco Bay Area.

MUSIC:	Records: Folk Dancer 1058; Kismet 101-A "Two-Step"; Folkraft 1169; Kismet K-A1 Piano: Beliajus, Finadar: "Dance and Be Merry", Vol I, "Armenian Dance, Parapiet."
FORMATION:	Double circle, cpls in closed pos, M back to ctr. Both look twd LOD (CCW).
STEPS AND STYLING:	Walk*, Pas de Basque*, Two-step* When hands are free, place on hips with closed fist. This dance should be done in a rather sober and dignified manner as contrasted with the more exuberant Russian dances.
MUSIC 4/4	PATTERN
Measures	I. TOUCH AND WALK
1	With wt on inside ft, touch ML-WR toe fwd (ct 1), hold (ct 2); touch ML-WR toe bwd and slightly swd (ct 3), hold (ct 4).
2	Beginning ML-WR, walk 3 steps fwd in LOD (cts 1, 2, 3); close MR-WL ft (no wt), and without changing pos, face RLOD (ct 4). Raise joined hands (ML-WR) in arc at the rear, and keep this pos while moving RLOD.
3-4	Beginning with touch of MR-WL toe, repeat action of meas 1-2, moving in RLOD (CW). Finish facing ptr, release hold and join inside hands at shoulder height with elbows bent, outside hands on hips.
	II. PAS DE BASQUE AND TURN Move in LOD (CCW) throughout this Fig.
1	Pas de basque to ML-WR, turning away from ptr (cts 1 & 2); pas de basque to MR-WL, turning twd ptr (cts 3 & 4). Joined hands move easily fwd and back at shoulder level during this action.
2	Release ptr and progressing in LOD, turn outward (M-CCW, W-CW) with 4 steps (M-LRLR, W-RLRL).
3-4	Repeat action of meas 1-2 (Fig II).
	III. WALK AND TWO-STEP
1	Join inside hands at shoulder height and walk fwd 3 (M-LRL, W-RLR); stamp MR-WL heel (no wt) beside supporting ft, turning inwd to face opp direction (RLOD). Keep same hands joined.
2	Beginning MR-WL, repeat action of meas 1 (Fig III) moving RLOD. Finish facing ptr.

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE: Lucile Czarnowski, Harmer Davis, Clarice Wills, Henry Glass, Alice Jameyson

TSIGANOCHKA (Concluded)

3	Repeat action of Fig II, meas 1.
4	Take closed pos and beginning ML-WR, turn CW progressing LOD (CCW) with "2 quick two-steps" (cts 1 & 2, 3 & 4).
	Repeat dance from the beginning.

FOLK DANCE FEDERATION OF CALIFORNIA RESEARCH COMMITTEE:
Lucile Czarnowski, Harmer Davis, Henry Glass, Avis Landis, Grace Nicholes,
Edna Spalding.

EIDE RATAS

SPINNING WHEEL			
		(Estonia)	
MU	SIC:	Records: Sonart M 303; Imperial 1007 Folkraft 337-008; Folk Dancer MH 1018	
FO	RMATION:	Cpls in a double circle, both facing CCW in closed pos*.	
	EPS AND	Leap-step-hop: Leap fwd onto the outside ft (ct 1) at the same time bending the body fwd. Step fwd on the inside ft (ct 2); hop on inside ft (ct 3). On cts 2 and 3 the body is straightened.	
MU	SIC 3/4	PATTERN	
Me	asures	I. LEAP-STEP-HOP and TURNING	
Α	1-2	Beginning with outside ft, move fwd in LOD with 2 leap-step-	
	3-4	hop patterns. In closed pos, R hips adjacent, cpls turn CW once with 6 running steps.	
	5-8 1-8	Repeat action of meas 1-4. Repeat action of meas 1-8.	
		II. WALTZ AWAY and RETURN	
		Ptrs face, back of hands on hips, M with back to ctr, W facing ctr.	
В	9	Beginning with L ft, move bwd with 1 waltz step, turning slightly to L.	
	10	Beginning with R ft continue to move bwd with 1 waltz step, turning slightly to R.	
	11-12	Repeat action of meas 9-10	
	13-14	Ptrs move fwd twd each other with 6 running steps.	
	15-16	Hooking R elbows, ptrs turn in place (CW) with 6 running steps. W finish on inside, M on outside of circle.	
	9-16	Repeat action of meas 9-16 (W twd ctr, M away from ctr) with ptrs hooking L elbows. Finish in orig pos to repeat dance from the beginning.	
		NOTE: This is sometimes danced progressively by having the M hook L elbows with the W on his R on meas 15-16.	